

THE CATHOLIC RADICAL

“...to foster a society based on creed instead of greed.” Peter Maurin

April/May 2020

Price: For whatever it's worth.

Tiny & Invisible Things

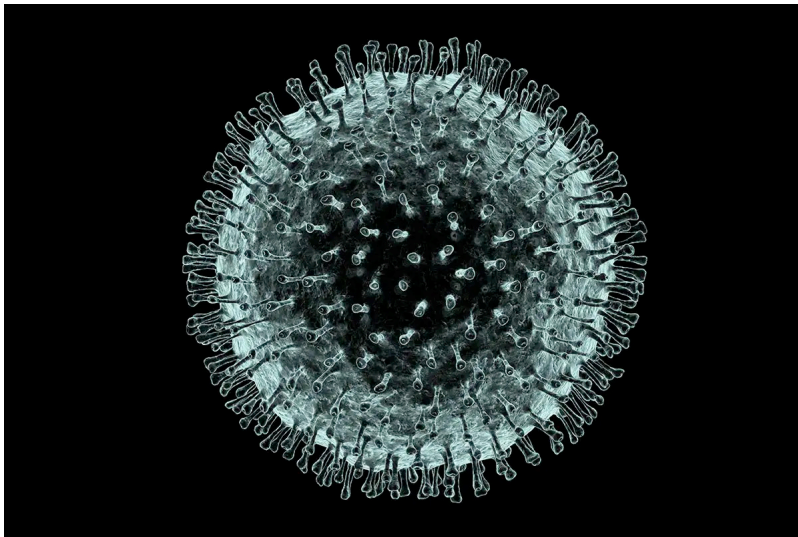
by Claire Schaeffer-Duffy

Years of mothering taught me that it is the tiny and invisible things in this world that can upend reality as we know it. A lice egg in a child's hair. A deer tick. A split atom. And now, a pretty virus that looks like an glowing orb encompassed with spikes. Some fish and bats in a Chinese market flung it at us humans,

depended on it.

“The coronavirus is a monster,” an Italian grandmother was overheard telling her small grandchildren during Rome's lock down. “But we can kill it. Do you know how?”

“By washing our hands,” the children dutifully replied.



perhaps in a fit of fury for our mindless greed and frenzy.

With the arrival of COVID-19, the global economy screeched to a halt. The stock market crashed. Planes crossed oceans half-empty. The entertainment industry went dark. Late night comedians briefly tried performing before halls devoid of an audience, then announced a prolonged break and went home. Sports tournaments ceased. Even our dear libraries, a haven for the homeless, closed as city after city, country after country declared a state of emergency.

Meanwhile, everyone on the planet began washing their hands as if their life

It was as if God in some cosmological game of tag had touched the earth and said, “Freeze!” Suddenly, we humans, tiny and invisible things from the perspective of the universe, were forced to collectively gaze at an immense Unknown.

The outbreak brought frequent visits from my friend Fear, an insatiable fellow. There are days when he chomps into my heart and shakes me so, I forget God. I forget Love. I forget the present moment. I am instead hell-bound on a train of future predictions. Every imagined scenario is ominous or includes a heartbreaking loss. Cities crumble. Societies breakdown, and

(Continued on Page 2)

Deported to Danger

by Elizabeth Kennedy & Grace Meng

Editor's Note: The following are excerpts from a February 2020 report by Human Right Watch.

The US government has deported people to face abuse and even death in El Salvador. ...As asylum and immigration policies tighten in the United States and dire security problems continue in El Salvador, the US is repeatedly violating its obligations to protect Salvadorans from return to serious risk of harm.... We identified or investigated 138 cases of Salvadorans killed since 2013 after deportation from the US. Though much harder to identify because they are almost never reported by the press or to authorities, we also identified or investigated over 70 instances in which deportees were subjected to sexual violence, torture, and other harm, usually at the hands of gangs, or who went missing following their return. In many of these more than 200 cases, we found a clear link between the killing or harm to the deportee upon return and the reasons they had fled El Salvador in the first place.

...Increasingly, the United States is pursuing policies that shift responsibility for immigration enforcement to countries like Mexico in an effort to avoid any obligation for the safety and well-being of migrants and protection of asylum-seekers. As ever-more restrictive asylum and immigration policies take hold in the US, this situation—for Salvadorans, and for others—will only worsen. Throughout,

(Continued on Page 6)

Tiny

(Continued from Page 1)

the survivors are roaming zombie-like in an apocalyptic landscape. My dark ruminations can get very dark.

Fear was clutching my belly when Molly mentioned the red bird she recently saw in her yard. We were sitting among a group of contemplatives who convene virtually every two weeks. Everyone in the groups is pushing sixty or older and therefore in the high-risk category for complications with the virus. People spoke of adult children still living abroad or in distant states. Two had spouses with compromised immune systems. None of us were exempt from loss or catastrophe; yet I seemed to be the only one quaking in fear. After I gushed my terror during the group go-round, Molly spoke of the bird. "For some reason, I kept looking at it which is something I never do," she said. "The bird turned toward me, and as it did, I saw that this red bird was *also* brown. We can't see all of reality at once," she said. "As hard as this time is, there's beauty here too."

Like all human beings on the planet, I don't know what the future will bring. A global pandemic is the most novel and grave event I have experienced in my sixty years of living. Here in clearer view is the present which is full of tiny and invisible

things. Good and holy. As in so many cities, a mutual aid group has sprung up in Worcester to mitigate the impact of the city's shutdown. A google spreadsheet lists more than eighty people volunteering a variety of services – grocery trips for the elderly, pharmacy pick-ups,



One of the drawings students from Clark, New Jersey sent to Italy saying, "Andra Tutto Bene! Everything will be okay!"

educational resources for children. "I can give assistance/advocacy for HIP/SNAP" (formerly food stamps), writes one person. Another reports volunteers at Worcester's earn-a-bike are building bikes to distribute to children. A gardener offers to teach people how to grow medicinal herbs. A Protestant minister says she can provide spiritual support and preside at funerals, "if it comes to that."

Every day, along with updates of the growing catastrophe, I hear stories of collaboration and sacrifice. A friend tells me his brother-in-law, a Harvard educated physician, "brilliant guy," has volunteered

to work at COVID-19 testing sites in North Carolina. He is willing to expose himself to the tiny orb that terrifies.

The future might not be the dystopia of my frightened fantasies.

Every morning, Scott and I tune in to daily Mass with Pope Francis at Vatican City's Casa Santa Marta. Our "virtual" participation is in solidarity with the aching city of Rome and all of Italy. The readings and homilies from our large-hearted pope provide guidance for the day. A few minutes of adoration of the Blessed Sacrament precede the final blessing. Here too is another tiny thing, another orb, so terrifyingly fragile, encased in a bronze monstrosity that radiates outward like a life-giving sun. God is in this too. Ω

Prayers

by Pope Francis

Editor's Note: At Mass on March 11, Pope Francis asked Mary to protect Italy and the world during the coronavirus pandemic.

O Mary, you always shine on our path as a sign of salvation and of hope. We entrust ourselves to you, Health of the Sick, who at the cross took part in Jesus' pain, keeping your faith firm.

You, Salvation of the Roman People, know what we need, and we are sure you will provide so that, as in Cana of Galilee, we may return to joy and to feasting after this time of trial.

Help us, Mother of Divine Love, to conform to the will of the Father and to do as we are told by Jesus, who has taken upon himself our sufferings and carried our sorrows to lead us, through the cross, to the joy of the resurrection. Amen.

Under your protection, we seek refuge, Holy Mother of God. Do not disdain the entreaties of we who are in trial, but deliver us from every danger, O glorious and blessed Virgin. Ω

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CATHOLIC



RADICAL

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HOLY CROSS ROTC HONORS ANTI-WAR GRAD AND HIS JESUIT BROTHER

"The Berrigan brothers have long deserved a place of honor at the college named for the nonviolent cross." Fr. Steve Kelly SJ



PEOPLE B1

MOMS OUT FRONT WINS NOBEL PRIZE

Local activist to accept honor

theresecw2@gmail.com

TELEGRAM & GAZETTE

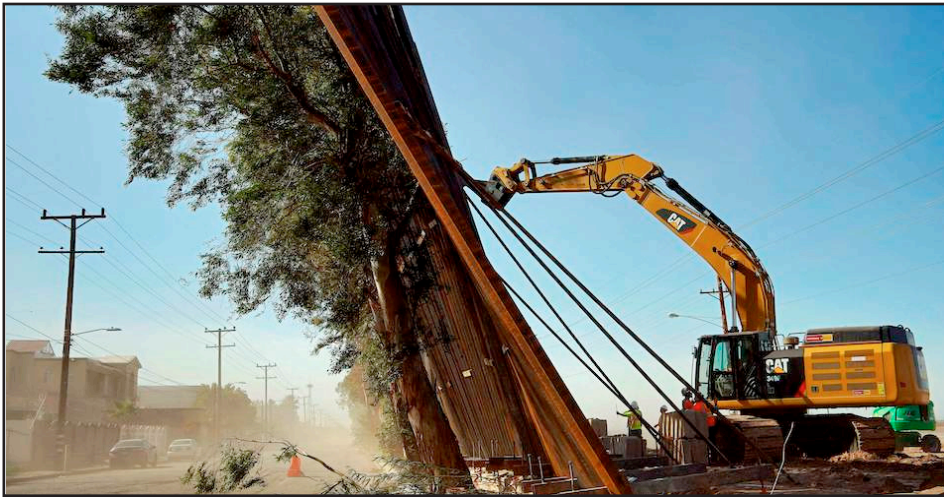
Wednesday, April 1, 2020

Worcester, Massachusetts

Our 33rd year

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God blows down border wall



By I. Witness

The Los Angeles Times

SAN DIEGO - Newly installed panels from the US border wall fell over in high winds, landing on trees on the Mexican side of the border.

Agent Hugo Descansado of the Customs and Border Protection sector in El Centro, California told CNN that the sections that gave way were unable to withstand the windy conditions.

The National Weather Service reports that winds in the area gusted as high as 57 mph. Video from CNN affiliate ICUP

shows the metal panels leaning against trees adjacent to a Mexicali, Mexico, street as the wind whips up dirt from the construction site on into the faces of those attempting to restore the barrier.

Rev. Rubbit Inn, of the Archdiocese of Hermosillo, said, "The Conference of Roman Catholic Bishops of Mexico rejected this barrier in its January 26, 2019 message 'Value and Respect for Migrants.' It looks to me like God shares the prelates' disdain. I only wish our merciful God in heaven blows future sections of the wall into the United States instead of onto innocent Mexican trees."



solar/electric buses to own 18 blocks

Downtown to go all-green

By Bob Fur-Apples

Telegram & Gaette Staff

To cheers from internet attendees, the Worcester City Council voted unanimously to ban all gasoline and diesel powered vehicles from downtown.

Free electric buses will run so frequently that the thousands of post-virus commuters who work and shop in the city are applauding the move which will make Worcester the greenest city in the United States.

"How could we open a ball field named 'Polar Park' with the introduction of so many cars that fuel global warming?" asked Mayor Joe Petty.

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SATURDAY

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Eco-friendly running shoes

...require 61% less energy to make and are 75% post-consumer recycled. The outsole uses sand instead of petroleum.



LOCAL

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COLLEGE TOWN

Worcester State students teaching their teachers

By Dee Tour

Telegram & Gazette Staff

“Please turn off the lights,” Worcester State University undergrads told their professors of day-time classes. “On sunny days in classrooms loaded with windows,” students said, “we don’t need to waste energy on lights.”

Despite the campus closure due to coronavirus, students are not forgetting the climate emergency. Practices taken for granted until now are scrutinized. For example, virtually no 18-22-year-old will drink from a styrofoam cup, use a plastic straw or coffee stirrer, wear synthetic, i.e. petroleum-based, clothing, eat non-organic, genetically modified, non-fair-trade, or non-locally grown or out-of-season food. They don’t use any products sold in plastic containers. They walk, bike, and run just about everywhere, while car-pooling in electric vehicles when they have too much to carry or too far to go. They prefer books and actual events to screen time, concerts and jam sessions to walkmans. Most of them are vegetarians, and those who are not, are more likely than not to be vegans. They only use 100% post-consumer recycled paper for schoolwork and in the bathroom. When a professor flushed a toilet after urinating, a WSU freshman wagged his finger and said, “If it’s yellow, let it mellow.”

The environmentally-dedicated students are credited with dramatic reductions in the college’s energy use, water consumption, food delivery charges, and non-recyclable waste. These savings will only increase when WSU finishes a massive student-inspired solar and wind project. When these go on-line, Worcester State will be carbon-negative.

Rep. McGovern to Act

Wins role in film to honor Hoar

By Hugo Gettum

Telegram & Gazette Staff

WORCESTER — When Spike Lee and Jordan Peele got together to make a biographical movie about Worcester’s little-known Senator George Frisbie Hoar, US Rep. Jim McGovern said he would help in any way, and now he’s going to get the chance to play one of Hoar’s late 19th century Congressional colleagues.

Hoar, whose statue sits in front of Worcester’s City Hall, was an early supporter of women’s suffrage and a life-long opponent of racial and religious discrimination, US imperialism, and political corruption. Like Mark Twain, Hoar vigorously defended the rights of immigrants and opposed US intervention in Panama, the Philippines, and Hawaii.



Jordan Peele ponders how to cast McGovern

Twain reportedly quipped, “While most politicians are whores, the only one with that actual name is anything but.”

In a joint statement, Lee and Peele said, “We are excited to tell the story of a white dude who was woke enough to fight for people who are still being mistreated.”

McGovern said, “Although I’m a Democrat, I sure hope they don’t cast me as one back then. Those Democrats really stunk.”

Hub Houses Homeless

Mixed income mixers
are not a mix-up

By Noah Vaygrent

Telegram & Gazette Staff

WORCESTER - After reading the life of Dorothy Day, one developer after another, in Worcester’s Hub/Canal District, has begun setting aside one quarter of all new housing units for those with low and even no income.

Trendy units with access to indoor pools and saunas are no longer populated only by 20-something blow-ins from Boston who hang their hats here and work there, but also by colorful locals of various ages, races, and hobbies.

To help assure that these radically different people do not become hostile to each other, the developers are planning to hold,

after the virus passes by, social events with free food, drink, and A-list entertainment (U-2’s Bono and Stephen Colbert, most notably). The only requirement is that people sit in mixed company and ask each other at least three questions.



Hub hands hope to the homeless

Donna Simmons, formerly of Wellesley, said, “I’m stunned by how many negative stereotypes I had of the poor are untrue.”

Jim Figgins, formerly of the Queen Street Shelter, said, “Living with white people is a lot like living with people, period.”

SPORTS

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Winner of the kid-on-the-back push ups

Living room olympics

At-home athletes

By Joy Tu-See

Telegram & Gazette Staff

WORCESTER - Pro-sports is on hold, but competitive athletics refuses to disappear in the face of quarantine. Online leagues are popping up for push ups, sit ups, planks, and long-dis-

tance (kitchen to living room) running. Heart rates soar and records fall daily, in the mad dash to stay healthy while beating the Jones's. Although she lost 3 seconds on hair-pin turns, Karen Pajer still set a marathon record without ever stepping outside. She said, "If I couldn't run, I'm afraid I'd weigh..."

See **ON-LINE FANS CHEER C2**

Celtics take advantage

Game suspension spurs ecological soul-searching

By Bill Mee

Telegram & Gazette Staff

BOSTON - Since the coronavirus suspended NBA games, the Celtics had time to reflect on the climate emergency.

Jason Tatum said, "We can't wait until the problem is overwhelming, like we did with corona." Celtics general manager, Danny Ainge said, "No more plastic and styrofoam. More public transportation to games." Former Celtic, Larry Bird, said, "How could I, of all people, have cared so little about avian extinction?"

WOO SOX WOOING

Team tries to smooth its move

By Myles Tuhgo

Telegram & Gazette Staff

PAWTUCKET - By way of apology for moving out of a town which has shown the Paw Sox so much love, the Woo Sox are making some tall promises. Not only will ticket prices at Worcester's Polar Park be no higher than they were in Pawtucket, so will the cost for parking and refreshments. To encourage fans to make the journey north, all Rhode Island residents will be given half-price admission for the first two seasons.

To win the affection of Worcesterites, local musicians Cara Brindisi and Dan Burke will sing the national anthem, right

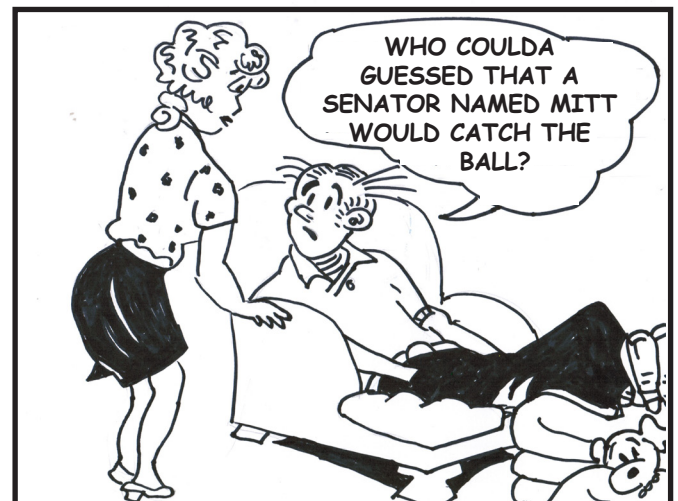


Fans say loyalty is definitely for sale

after players go into the stands to give a two-dollar bill to everyone who lives in town. All team merchandise will be locally-manufactured, eco-friendly, and fair trade. All team employees will make at least \$15 an hour.

See **PROMISES PROMISES C3**

COMICS



Deported

(Continued from Page 1)

US, this situation—for Salvadorans, and for others—will only worsen....

The Trump administration has pursued a series of policy initiatives aimed at making it harder for people fleeing their



countries to seek asylum in the United States by separating children from their parents, limiting the number of people processed daily at official border crossings, prolonging administrative detention, imposing fees on the right to seek asylum, extending from 180 days to one year the bar on work authorization after filing an asylum claim, barring asylum for those who transited another country before entering the United States, requiring asylum seekers to await their hearings in Mexico, where many face dangers, and attempting to narrow asylum. These changes aggravated pre-existing flaws in US implementation of its protection responsibilities and came as significant numbers of people sought protection outside of El Salvador....

People are fleeing El Salvador in large numbers due to the violence and serious human rights abuses they face at home, including one of the highest murder rates in the world and very high rates of sexual violence and disappearance. Despite clear prohibitions in international law on returning people to risk of persecution or torture, Salvadorans often cannot avoid deportation from the US. Unauthorized immigrants, those with temporary status, and asylum seekers all face long odds. They are subjected to deportation in a system that is harsh and punitive—plagued with court backlogs, lack of access to effective

legal advice and assistance, prolonged and inhumane detention, and increasingly restrictive legal definitions of who merits protection. The US has enlisted Mexico—which has a protection system that its own human rights commission has called “broken”—to stop asylum seekers before they reach the US and host thousands returned to wait for their US proceedings to unfold. The result is that people who need protection may be returned to El Salvador and harmed, even killed.

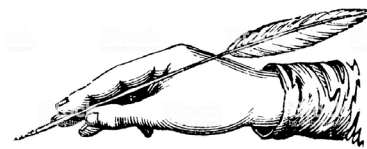
Instead of deterring and deporting people, the US should focus on receiving those who cross its border with dignity and providing them a fair chance to explain why they need protection. Before deporting Salvadorans living in the United States, either with TPS [Temporary Protected Status] or in some other immigration status, US authorities should take into account the extraordinary risks former long-term residents of the US may face if sent back to the country of their birth. The US should address due process failures in asylum adjudications and adopt a new legal and policy framework for protection that embraces the current global realities prompting people to flee their homes by providing “complementary protection” to anyone who faces real risk of serious harm.... Ω

New Beginning



On Saint Patrick’s Day, WGBH radio broadcaster and Celtic music promoter Brian O’Donovan said the corona virus has so interrupted standard routines that it will provide an opportunity for new beginnings when it passes. While some folks cling to apocalyptic scenarios, hoard food, and buy guns, others strengthen community, reach out to vulnerable people, and explore life without gas-guzzling, bar hopping, spring break, and sports spectacles. With creativity, hope, and prayers, we can arise better suited to address the climate emergency, war, as well as the wealth, race, and gender gaps. Ω

Letters



To the Editors:

Thanks for “Take No Prisoners” in your Feb/March issue. In it, the reference to “The Greatest Generation” caught my eye. For *Peace & Change*, the journal of Peace History Society, I am reviewing the new book by Amy Rutenberg, **Rough Draft: Cold War Military Policy and the Origins of Vietnam-era Draft Resistance**. Rutenberg refers to “The Greatest Generation” as a myth partially sustained by the belief that men of the WWII generation went willingly into military service—unlike the slackers of the 1960s who worked the selective service system to avoid and evade the draft any way they could. When Congress gave extra protection from the draft to agricultural workers in 1944, for example, men fled industrial jobs for the farm—“job jumpers,” they were termed by critics. Interestingly, Rutenberg says public opinion in the 1940s “believed military service interfered with [men’s] masculine responsibilities” to home and family. Rutenberg’s **Rough Draft** is a terrific book—I recommend it to your readers.

Jerry Lembcke
Worcester, Massachusetts

Dear Scott and Claire,

I write in response to the Joan Baez article “What Would You Do?” It pertains to a topic that continually haunts me: pacifism. I adhere strongly to the non-violent tradition, but I am sorry to say, just cannot accept radical pacifism altogether.

I think of hypotheticals that are tougher to answer (at least for me) than those given by Fred and Joan.

The first is as follows. I am situated on a plain that is 200 yards away from a spot where a “bad guy” is about to use a large sword to slaughter my shackled family (or any group of innocent people). I have a high-powered rifle with a telescope, and I am a good shot. The culprit raises the

sword to execute them. Would I shoot him? Yes, I would, without a doubt.

The second situation is as follows: An evil mastermind is about to throw a switch or press a button that would completely blow up a large city killing millions of innocent people. I stand close to him armed with a weapon. Would I kill him? Again, yes without a doubt. In fact, I believe that I would be perpetrating evil if I didn't by letting millions of innocent people die.

I am most interested to know what your opinions are on these extreme hypothetical cases.

Richard McCarthy
Lawrence, Massachusetts

Editor's Note: In order to convince soldiers to kill, governments demonize opponents. Face-to-face meetings between actual combatants, though, often humanize opponents. Our experience in war zones is that killing rarely remains confined to justified scenarios, but often becomes indiscriminate. Although we may not have the courage to always embrace pacifism, we are challenged to do so by Christ's words and example. Lastly, in 1983 a homeless person tried to kill Claire, but, years later, that same person saved Claire's life. We know from experience that no one is beyond redemption.

Letter to the Editors,

Thank you for the candidates' report card. Thanks for the Editor's Note. I would add the line attributed to Emma Goldman: "If voting changed anything, they'd make it illegal."

I have never voted. I care deeply about social justice issues and get myself in the streets often; protesting, vigiling, etc. I also get arrested and sometimes am put in jail. I find myself involved with many activist groups who also do the same, but vote too. I am highly criticized for not participating in that part of the state. I fear that I (as a privileged white person, who also has the support of a Catholic Worker community) might not fully understand the importance of voting that others place on it. Can you speak to this?

Katie Kelso
New Orleans Catholic Worker

Editor's Note: Scott gave a talk at Holy Cross College where he detailed our work with the homeless, for the environment, and in opposition to injustice and war. But when he told them that he did not vote, the appalled students said, "Then you aren't doing anything." To many socially-concerned Americans, voting is their predominant if not only form of activism. Scott had to remind his audience that Jesus changed the world without voting. But, in humility, we recognize that our public actions often inspire politicians and those who vote to work for a more just legal system. There are many paths to improve the world.

Hello there!

...We just got over water restriction for over six weeks. Only had showers a couple of days a week. Lots of bird-bathing going on in the bathroom. Dirty body water splashing all over the place. Sometimes, I couldn't even get in to use the toilet!! If you squeezed in, a naked guy would be next to you washing up (private parts and all). We never heard a reason given for this water restriction.

And then, the power went out a couple of times, so we lost hot water for a couple of weeks. Ice cold showers and no heat in the building. With 33° mornings, many were getting sick. All prison ways, I guess.

Overcrowding is extreme. They closed a private prison, so these guys ended up in this system. Gangs grow, the violence is stressful and emotional to say the least....

I'm reading more and more on how some of the prisons in the state are opening cell doors so sex charge guys can get beat up!!! Sadistic. Cruel.

Inmates with sex charges or who are unpopular are assigned a job they cannot do and then are punished for not doing it... An inmate gets assigned to fix the heating system. He doesn't know how. Doesn't matter! Gets written up for refusing to work. An inmate gets assigned to be a barber. He doesn't know how to do it. So what? He get written up... If he tries to fake it and messes up an inmate's hair, that inmate will beat him up or stab him! A win-win for the system.

Clifford Smith
Avenal State Prison, California

Dear Scott & Claire,

...What I really liked best in your last issue was the wonderfully simple but so in depth prayer by Jane Cadarette, and then "Take No Prisoners." Over the long years, I had a number of veteran friends. One had been in Korea and never got over having killed a young enemy soldier. I still remember his words. He blurted out, "I shot a man. There was no reason for it. He was a kid, 14 or 15, unarmed, had his arms raised, I shot him point blank." I said something stupid like, "Couldn't you just have wounded him?" And my friend said curtly, "How could I miss, all those deer I used to kill?" And with a strange look, he repeated himself, "I killed a man. And that's all you're ever going to get out of me." We stayed friends until his death, but I think his killing just that one man maimed him spiritually. Most of life seems such a terrible sorrow. And then your saving little newspaper comes along and calls it as it in truth is. No matter what, we never despair.

Joan Thomas
Phoenix, Arizona

Catholic Worker Calendar

April 10 — Contemporary Stations of the Cross: Please join us for a 1.5 mile procession in the fresh air to reflect on ways in which Christ's passion continues today. Leaving at noon from 52 Mason Street. Bread and soup afterwards.

April 8 & 22, May 6 & 20—Evening Prayer: In these challenging times, we especially need prayer and Taizé chant. For those who are social distancing, please drop us an email and we'll send you a text of the prayer which you can offer with us from home. (theresecw2@gmail.com) 7 P.M. 52 Mason Street. Refreshments to follow.



Mason Street Musings

Hospitality in a time of COVID-19. Every morning, we air the entire house and wipe down doorknobs, kitchen and bathroom surfaces with Murphy's oil and bleach. I have become the hand-washing Nazi, monitoring the duration and scrubbing techniques of anyone returning to the house. "Happy Birthday," I'll sing while so-and-so lathers up. At supper, we give updates on the outbreak and review the importance of keeping six feet of physical distance between us.

Even with these precautions, I think the monstrous corona is at the door, or in the house. Yesterday, C, who works a 3-11 P.M. shift as a CNA at a local facility, asked for two nights hospitality. She lost her room in January after the landlord sold the building and ordered everyone out. Since then, C has been couch-surfing, occasionally staying with us on her days off to catch up on sleep.

We had no sooner accepted C when Y, who had been feeling poorly, returned from the clinic with a note advising twelve days of social isolation. She had

tested positive for strep and was awaiting the results for her COVID-19 swab due in a few days. "Sleeping outside would definitely not be good for her health," the



physician assistant said when I frantically told her isolation was not possible at the Catholic Worker where guests sleep two to a room.

A scramble ensued. Scott booked two nights for C at a local hotel, and we moved Y into the back bedroom. We now have one guest per room, an arrangement

we will try to keep for the foreseeable future. C seemed delighted with her fancy accommodations. Meanwhile, Y has room service with her meals delivered to her bedroom door. The rest of us are collectively practicing self-isolation, keeping a healthy distance from others whenever we go out for a walk or to run an errand.

So, we are doing our part to flatten the curve; but of course, more is needed. Isolation and physical distancing is not available for the poor and homeless, most of whom live in crowded apartments or shelters. There is talk of opening up schools and placing cots in their gyms so the homeless can sleep a healthy distance from one another. I am praying this can happen soon.

The outbreak inspired Scott to distribute bags of goodies to our neighbors on Saint Patrick's Day. Contents included cleaning supplies, a bottle of vitamin D, a loaf of Irish soda bread he baked that morning, a CDC flyer with guidance on covid 19, and a letter which said: "We during this uncertain time, when we are being asked to stay six feet away from each other, we believe a spirit of community is more important than ever."

Worcester is full of good and courageous souls working collaboratively to confront this pandemic which has dramatically changed our world. I thank God for each one of them. Understanding the enormity of this transition, let alone adjusting to it, is the challenge of the present moment. The choice before us, however, is not novel. It is the same choice human beings have faced throughout human history: To go forward in love, or fear.

"Bad situation. Good situation. Good situation. Bad situation," says my friend Ray quoting the wisdom of the Zen masters. In these hard, hard times, we might discover new capacities within ourselves – our capacity to heal, to garden, to learn a new instrument, to love our family in simple ways, to become still and hear the God within.

Stay healthy and remember, love like Jesus, but wash your hands like Pontius Pilate. ☪

Claire

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